# All About Me.

**This is a picture of me/or a symbol/ picture**

**I want to use to represent me**.

**Name:**

**Date of Birth:**

**Date:**

**My One Page Profile**

My Name:

I like to be known as:

**I like:**

**I do not like:**

**What I am good at and proud of:**

**What people like and admire about me:**

**My hobbies and interests**:

**How best to support me:**

**My Relationships**

**These are the important people in my life** (This can include family, friends, pets and adults who provide support).

Other important people

My family

This is a photo of me or a picture I want to represent me.

Important people in school

My friends

Important people in school

My friends

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| **What is important to me now and in the future?**  This could include hobbies and interests, things you like or do not like, important activities or routines, important people, places or objects, social activities, health and wellbeing, communication, academic achievement, relationships. |
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| **What is important for me?**  This could include important things people need to know about your health, behaviour, the way you communicate, how you want to be involved in making decisions. |
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| **My physical development and mobility.**  This could be any difficulties with handwriting, using a pen or scissors, difficulty with your co-ordination, movement or balance, any medical or physical needs. Also physical activities and sports that you like or don’t like to do. |
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| **My communication and listening and understanding.**  This can include progress with speech and language skills, do other people understand you when you are talking, the way you communicate with people. Also what support do you need to understand requests or remember information. |
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| **My behaviour.**  Do you or other people worry about the way you behave, do you need any help to co-operate, share, listen and try to carry out requests? Do you stuggle with managing your emotions or frustrations? |
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| **My social skills and getting along with people.**  How do you get on with other children? Do you often prefer to play or do things on your own? Do you “get into trouble” or argue in school or with your family? How do you get on with other adults and teachers? |
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| **My learning.**  This could include the lessons or activities you enjoy in school or those you find difficult. Do you feel you are making progress with reading, writing and working with numbers. What help do you need in the classroom? |
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| **My independence and self care skills**  This could include the things you can do for yourself in school or at home, the things you are good at and the things you need help with such as dressing/undressing, toileting and feeding skills. |
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| **My safety.**  This could include how you keep safe in school, when going online or when in the community, for example when crossing the road or going somewhere on your own. What do adults do to help keep you safe? |
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Anything else I want to say......

Questions I want to ask at my review meeting...

**Pupil signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature of supporting adult:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Role:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**