**Bereavement Support for Adults in Cheshire and Merseyside**

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| **Name of service** | **Support offered** | **Available to** | **Location** | **Referral** | **Cost** | **Contact details** |
| **Child Bereavement UK** | 1:1 bereavement support for parents bereaved of a baby or childMonthly drop-inBooked telephone supportGroup for bereaved parents | All | 2nd floor Ashley House Ashley Way WestWidnes WA8 7RDwith monthly drop in and support at The Living WellBorough RoadSt Helens WA10 3RN | Self-referral or third-party referral | Free | **01928 577164****National Helpline****0800 028 8840**cheshiresupport@childbereavementuk.org |
| **MIND** | 1:1 counsellingpeer support group | Halton residents  | Runcorn centre and two Widnes sites | Self-referral or third-party referral | Suggested donation | **01928 563 612**info@mindhalton.org.uk |
| **Women’s Centre** | 1:1 counsellingpeer support group | Halton residents | Pendennis Ct, Castlefields, Runcorn WA7 2SW | Third party referral | £5/session | **01928 566 073**womens.centre@halton.gov.uk  |
| **Halton Haven Hospice** | 1:1 counselling and listening service for pre and post bereavementpatient carer group | Halton residents affected by cancer or other life limiting illness+10% other bereavement | Barnfield Ave, Murdishaw, Runcorn WA7 6EP | Self-referral or third-party referral | Free | **01928 712 728** |
| **St Rocco’s Hospice** | 1:1 counsellingListening EarBereavement CaféSpiritual CareTelephone counsellingDrop In bereavement support, information and sign posting |  Bereaved relatives, carers and friends of patients, referred into St. Rocco’s for palliative careAll | St. Rocco’s Hospice Lockton LaneWarringtonWA5 0BW01925 575780The PavilionAlexandra ParkStockton HeathWA4 2UT | Self-referral or third-party referralNo referral needed | Free | Counselling and Emotional Care Team**01925 575780** |
| **Willowbrook Hospice**  | 1:1 bereavement support Monthly peer support group | Anyone connected to a patient who has died  | The Living WellBorough RoadSt HelensWA10 3RN | Self referral | Free | **0151 430 8736**general@willowbrookhospice.org.uk |
| **The Centre, Widnes & Runcorn Cancer Support Group** | 1:1 counsellingpeer support groupstimetable of activities | Halton and surrounding area residents affected by cancer | 21 - 23 Alforde St Widnes WA8 7TRwith some support in Runcorn | Self-referral or third-party referral | Free | **0151 423 5730**info@widnesandruncorncancersupport.org.uk |
| **Macmillan Delamere** |  |  |  |  |  |  |
| **Macmillan** **St Helens** | Information and signposting drop-in only | All | St Helens Hospital lower ground floor | N/A | Free | **01744 647 000**macmillansupport@sthk.nhs.uk |
| **Listening Ear**  | 1:1 counselling and group counsellingFAB (Friendship After Bereavement) peer support groupAMPARO support for anyone affected by suicide | Knowsley residentsKnowsley residentsKnowsley, St Helens, Sefton, Wirral, Cheshire East, Cheshire West & Chester, Warrington and Halton residents | St Nicholas Centre 70 Church Rd Halewood Liverpool L26 6LB | Self-referral or third-party referral | FreePrivate referrals are charged at £50 | **0151 488 6648**enquiries@listening-ear.co.uk |
| **Night Stop**  | 1:1 counselling Family therapyGroup work | All | 1st floor Ashley House, Ashley Way WestWidnes WA8 7RP | Self-referral or third-party referral | £5/session | **0151 345 6454**reception@ncnw.co.uk  |
| **Warrington Bereavement Support** | 1:1 bereavement supportWeekly drop inWidows group | Warrington residents | Support is offered in the family home or safe place | Self-referral or third-party referral | Free donations welcome | **01925 631 516** |
| **Bereavement Coffee Morning** | Drop-in | All | King’s Community Centre WarringtonWA5 1JH | None | Free | None |
| **Compassionate Friends** | 1:1 bereavement supportMonthly group for parents bereaved of a child | Warrington residentsAll | Support offered at home or at home of Compassionate Friends coordinator in Warrington | Self-referral | Free | **0345 123 2304** |
| **Forget Me Nots and Rainbows**  | Monthly baby loss support group on the first Wednesday of every month 8.00-9.30pm | Bereaved parents and grandparents | St Margaret’s Community CentreLindley Ave, WarringtonWA4 1QB | None | Free | **07454 100 951** info@nwforgetmenotsandrainbows.co.uk NWForgetmenotsandrainbows@virginmedia.com |
| **SOB’s**  | Peer group supportNational helpline and forum | All bereaved by suicide | St Helens | Self-referral or third-party referral | Free | **07580 358 312****National Helpline****0300 111 5065**sobs.support@hotmail.com |
| **St Joseph’s Family Centre** | 1:1 counselling | Warrington residents | 9 Museum street Warrington WA1 1JA | Referral form MHM-Adults | Free | **01925 635 448**contact@sjfc.org.uk |
| **Elsie Ever After**   | Signposting advice,funding and links to attend creative therapies or counselling | In and around Cheshire | Flexible | Self-referral or third-party referral | Free | elsieeverafter@hotmail.com[www.elsieeverafter.org.uk](http://www.elsieeverafter.org.uk)07394 070 403 |
| **Samaritans** |  |  |  |  |  |  |