**Bereavement Support for Adults in Cheshire and Merseyside**

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| **Name of service** | **Support offered** | **Available to** | **Location** | **Referral** | **Cost** | **Contact details** |
| **Child Bereavement UK** | 1:1 bereavement support for parents bereaved of a baby or child  Monthly drop-in  Booked telephone support  Group for bereaved parents | All | 2nd floor Ashley House Ashley Way West  Widnes WA8 7RD  with monthly drop in and support at  The Living Well  Borough Road  St Helens WA10 3RN | Self-referral or third-party referral | Free | **01928 577164**  **National Helpline**  **0800 028 8840**  [cheshiresupport@childbereavementuk.org](mailto:cheshiresupport@childbereavementuk.org) |
| **MIND** | 1:1 counselling  peer support group | Halton residents | Runcorn centre and two Widnes sites | Self-referral or third-party referral | Suggested donation | **01928 563 612**  [info@mindhalton.org.uk](mailto:info@mindhalton.org.uk) |
| **Women’s Centre** | 1:1 counselling  peer support group | Halton residents | Pendennis Ct, Castlefields, Runcorn WA7 2SW | Third party referral | £5/session | [**01928 566 073**](tel:+441928566073)  [womens.centre@halton.gov.uk](mailto:womens.centre@halton.gov.uk) |
| **Halton Haven Hospice** | 1:1 counselling and listening service for pre and post bereavement  patient carer group | Halton residents affected by cancer or other life limiting illness  +10% other bereavement | Barnfield Ave, Murdishaw, Runcorn WA7 6EP | Self-referral or third-party referral | Free | **01928 712 728** |
| **St Rocco’s Hospice** | 1:1 counselling  Listening Ear  Bereavement Café  Spiritual Care  Telephone counselling  Drop In bereavement support, information and sign posting | Bereaved relatives, carers and friends of patients, referred into St. Rocco’s for palliative care  All | St. Rocco’s Hospice  Lockton Lane  Warrington  WA5 0BW  01925 575780  The Pavilion  Alexandra Park  Stockton Heath  WA4 2UT | Self-referral or third-party referral  No referral needed | Free | Counselling and Emotional Care Team  **01925 575780** |
| **Willowbrook Hospice** | 1:1 bereavement support  Monthly peer support group | Anyone connected to a patient who has died | The Living Well  Borough Road  St Helens  WA10 3RN | Self referral | Free | **0151 430 8736** [general@willowbrookhospice.org.uk](mailto:general@willowbrookhospice.org.uk) |
| **The Centre, Widnes & Runcorn Cancer Support Group** | 1:1 counselling  peer support groups  timetable of activities | Halton and surrounding area residents affected by cancer | 21 - 23 Alforde St Widnes WA8 7TR  with some support in Runcorn | Self-referral or third-party referral | Free | **0151 423 5730**  [info@widnesandruncorncancersupport.org.uk](mailto:info@widnesandruncorncancersupport.org.uk) |
| **Macmillan Delamere** |  |  |  |  |  |  |
| **Macmillan**  **St Helens** | Information and signposting drop-in only | All | St Helens Hospital lower ground floor | N/A | Free | **01744 647 000**  [macmillansupport@sthk.nhs.uk](mailto:macmillansupport@sthk.nhs.uk) |
| **Listening Ear** | 1:1 counselling and group counselling  FAB (Friendship After Bereavement) peer support group  AMPARO support for anyone affected by suicide | Knowsley residents  Knowsley residents  Knowsley, St Helens, Sefton, Wirral, Cheshire East, Cheshire West & Chester, Warrington and Halton residents | St Nicholas Centre  70 Church Rd Halewood  Liverpool L26 6LB | Self-referral or third-party referral | Free  Private referrals are charged at £50 | [**0151 488 6648**](tel:+441514886648)  [enquiries@listening-ear.co.uk](mailto:enquiries@listening-ear.co.uk) |
| **Night Stop** | 1:1 counselling  Family therapy  Group work | All | 1st floor Ashley House, Ashley Way West  Widnes WA8 7RP | Self-referral or third-party referral | £5/session | **0151 345 6454**  [reception@ncnw.co.uk](mailto:reception@ncnw.co.uk) |
| **Warrington Bereavement Support** | 1:1 bereavement support  Weekly drop in  Widows group | Warrington residents | Support is offered in the family home or safe place | Self-referral or third-party referral | Free donations welcome | **01925 631 516** |
| **Bereavement Coffee Morning** | Drop-in | All | King’s Community Centre Warrington  WA5 1JH | None | Free | None |
| **Compassionate Friends** | 1:1 bereavement support  Monthly group for parents bereaved of a child | Warrington residents  All | Support offered at home or at home of Compassionate Friends coordinator in Warrington | Self-referral | Free | **0345 123 2304** |
| **Forget Me Nots and Rainbows** | Monthly baby loss support group on the first Wednesday of every month  8.00-9.30pm | Bereaved parents and grandparents | St Margaret’s Community Centre  Lindley Ave, Warrington  WA4 1QB | None | Free | **07454 100 951**  [info@nwforgetmenotsandrainbows.co.uk](mailto:info@nwforgetmenotsandrainbows.co.uk)  [NWForgetmenotsandrainbows@virginmedia.com](mailto:NWForgetmenotsandrainbows@virginmedia.com) |
| **SOB’s** | Peer group support  National helpline and forum | All bereaved by suicide | St Helens | Self-referral or third-party referral | Free | **07580 358 312**  **National Helpline**  **0300 111 5065**  [sobs.support@hotmail.com](mailto:sobs.support@hotmail.com) |
| **St Joseph’s Family Centre** | 1:1 counselling | Warrington residents | 9 Museum street  Warrington WA1 1JA | Referral form MHM-Adults | Free | **01925 635 448**  [contact@sjfc.org.uk](mailto:contact@sjfc.org.uk) |
| **Elsie Ever After** | Signposting advice,  funding and links to attend creative therapies or counselling | In and around Cheshire | Flexible | Self-referral or third-party referral | Free | [elsieeverafter@hotmail.com](mailto:elsieeverafter@hotmail.com)  [www.elsieeverafter.org.uk](http://www.elsieeverafter.org.uk)  07394 070 403 |
| **Samaritans** |  |  |  |  |  |  |