

## Boys Development Ideas and Tips

### Personal, Social, Emotional Development (PSED)

- Sensory circuits, movement breaks
- Positive language
- Opportunities such as star of the week, golden rules, choices
- Zones of regulation
- Check in stations
- Social stories
- Problem solving teamwork such as den making, construction
- Care bear
- Sharing and identifying emotions (that makes me feel...)
- Monkey Bob to support emotional intelligence
- Superhero Play linked to emotions
- Positivity buckets
- Class helpers and monitors
- Roles and responsibilities – become an expert
- Create small nurture spaces
- Use of books including Colour Monster to explore feelings
- Positive male role models
- 1:1 dedicated time
- Songs and rhymes
- Develop confidence, independence and resilience
- Puppet play
- Listening walks
- Story sacks/boxes/props/phones
- Daily emotion check in
- Equality and diversity representation
- Family Learning Workshops
- DUGS – Dads, Uncles, Grandads
- Interact with smaller groups to encourage group play
- Provide time and space
- Calm and cosy dens
- Calming and relaxing toys and resources
- Outdoor mindfulness

### Physical Development (PD)

- Opportunities for digging, building, climbing, riding etc
- Large scale activities and equipment
- Investigation
- Construction such as lego and duplo
- Sand area with multiple resources in various sizes
- Filling and emptying
- Adding enhancements in areas to capture attention
- Varied weighted items
- Den making
- Pushing and pulling tyres
- Racing track
- Removing chairs
- Action songs and rhymes involving whole body movement
- Funky fingers
- Pen disco
- Malleable play
- Make children experts
- Tyre swing
- Balance planks
- Large scale transient art
- Wheelbarrow access
- Uneven grounds, mounds, dips, hills
- Tree climbing
- Yoga
- Obstacle courses
- Sensory circuits
- Deconstructed areas
- Role play such as a car wash
- Risky play
- Access to real tools
- Sensory experiments



### Expressive Arts and Design (EAD)

- Outdoors – large resources such as boxes, paintbrushes, blocks, creates nature pictures
- Bigger scale activities
- Link to interests
- Artist visits (including male role models)
- Music areas
- Large scale model making
- Role play opportunities
- Constructing with different materials
- Storytelling – making props to support formatting links
- Superhero focus linked to all areas of provision
- Big art projects
- Workshop areas, loose parts play
- Junk modelling
- Deconstructed role play
- Transient art
- Lay modelling
- Schematic play
- Opportunities for different media and mediums
- Music and movement
- Show and tell
- Performing opportunities
- Messy play
- Collaborative construction play

